



14 jun 2025 the rising demand for sustainable nutritious and functional food options has fueled growing interest in plant based fermented foods these products offer enhanced sensory functional

25 sep 2023 consumption of plant foods including whole grains vegetables fruits pulses nuts and seeds is linked to improved health outcomes dietary fiber is a nutrient in plant foods that is

this section embraces all aspects of food that lead to positive or negative impacts on its quality and safety food characterization processing preservation and analysis involving chemical physical

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